

Gynie Inc.

Who We Are and Purpose

Since the 1940's and the "Dr. Arnold Kegel era" nobody has addressed the understanding of the PC muscle and women's core – until now. At Gynie Inc. we know a strong PC muscle encourages women of all ages to have improved orgasms, posture, confidence, core strength, bladder control, and overall vitality. Our mission is to teach women how to build strength from within, leading them to create a pathway to self-fulfillment and empowerment for themselves.

Gynie is a utility and design patented, fitness and yoga-inspired, PC (PuboCoccygeus) muscle training system. Gynie offers different weight classes for easy and progressive growth. With Gynie's unique concentric and eccentric training methods, it guarantees fast and superior results. Gynie is constructed from medical grade silicone which is FDA

registered and extremely durable yet sleek and smooth in design. Due to the simple design and slim "glide sleeves", the product is comfortable to use, so that the user can concentrate on strengthening the PC muscle. The Patented technology which is unique to Gynie utilizes progressive weighted resistance to efficiently and effectively strengthen the PC muscle to produce maximum results in less than 5 minutes a day. There is a total of three resistance levels providing an exercise opportunity for the novice to advanced user alike.

